Excellence in Leadership for Transformation



P O Box 5640, New Baneshwor, Kathmandu-10, Nepal, Phone 5172175, 5172682, Email info@mbmc.edu.np; www.mbmc.edu.np

15 Falgun 2080

Sports Week Notice

All the students are hereby notified that the college is going to organize Sports Week from 27 Falgun (Sunday) to 30 Falgun (Wednesday) 2080 B.S. Sports Week includes variety of sporting activities between students. In this regard, all the interested students are requested to fill the google form to register their name for each event. Google form link is attached on the Facebook post on college Facebook page and the last date for registration is 21 Falgun 2080 B.S. The college is going to organize following events in the Sports Week this year.

Individual Events

- a) Badminton (Boys/Girls)
- b) Carrom Board (Boys/Girls)
- c) Chess (Boys/Girls)
- d) Maths/Quiz Race
- e) Musical Chair (Boys/Girls)
- f) Slow Bicycle Race (Boys/Girls)
- g) Table Tennis (Boys/Girls)

Team Events

- a) Badminton (Boys/Girls)
- b) Basketball (Boys/Girls)
- c) Futsal (Boys/Girls)
- d) Table Tennis (Boys/Girls)
- e) Tug of War (Boys/Girls)
- f) Volleyball (Boys/Girls)

E-Sports

- a) Clash Royale
- b) FIFA
- c) Free Fire
- d) PUBG

The students should follow the under mentioned guidelines to register their names for individual events, team events and E-Sports events;

- a. An individual student can take part in maximum of two individual events, two team events and two e-sports events. Registration on more than two respective events will disqualify the player form the event.
- There should be teams according to faculty and stream. No separate team will be registered
 on the basis of individual selection and class.



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- c. The college will provide jerseys for the players. Other than that, every individual/team is subject to arrange required articles like boots, knee-pads, etc for the game.
- d. There should be exactly 3 extra players for futsal, basketball and Volleyball.
- e. There should be 8 members for each team of Tug of War.
- Maths/Quiz race and e-sports events are gender inclusive competition, will be open for both boys and girls.
- g. The venues for Futsal and Volleyball will be notified later while all the other events will be played within college premises.
- h. All the games will be played following the standard rules and practices of respective games.
- Students must submit a copy of their id card before participating in each event and students must carry their id cards with themselves throughout the Sports Week.
- j. Students must be present in college dress or college t-shirt during Sports Week.
- k. In case of any dispute or controversy, the ECA committee holds all the right to take decision.

Mohit Guragai

(ECA Coordinator)

